ANGGELO RODRIGUEZ

Biologist Nutrionist

I am specializing in pediatric nutrition, weight control, and obesity. I have over five years of experience caring for people, with a particular interest in social media, scientific divulgation, and nutrition education. As an organized person with great motivation, I am able to adapt to any circumstance and always give my best in any project, while simultaneously striving to work effectively in a team. My main objective is to develop professionally and evolve in my sector, so I look for opportunities that allow me to do so while helping people.

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EDUCATION

Healthcare Assistant
Institute Formawork
2012 *Milan*

Biology Degree
Università degli Studi di Milano
2016 *Milan*

Master Degree in Biology applied to Nutrition Sciences
Università degli Studi di Milan
2019 *Milan*

WORK EXPERIENCE

Healthcare Assistant
Hospital Niguarda
07/2012 – 08/2012 *Milan*
Internship perfomed in the medical ward

Healthcare Assistant
Group home "A Piccoli Passi"
09/2012 – 07/2017 *Milan*
Occasional collaborator in a group home for people with mental and physical disabilities

Healthcare Assistant
Nursing home "Emmaus"
08/2014 – 04/2016
Private collaborator for some guests for the maintenance of cognitive and relationship functions

Biologist nutrionist (Internship)
Unit of metabolism, nutrigenomics and cell differentiation of the San Raffaele Hospital
02/2018 – 07/2018 *Milan*
Fundamental and applied research of nutraceuticals

Biologist nutrionist (Internship)
Pediatric nutrition department of the Caduti Bollatesi Hospital
09/2018 – 09/2019 *Bollate*
Nutritional Counseling for overweight and obese pediatric patients

Educator for Children
Association "Valdocco"
03/2019 – Present *Milan*
Service of entertainment and education in after-school's activities

SKILLS

- Cross-cultural communication skills
- Active Listening
- Fast Learning
- Planning
- Non verbal comunication
- Stress Tolerance
- Flexibility/Adaptability
- Diligence
- Coaching
- Problem-solving

PROJECTS

Nutrition Education Lab for children (10/2019 – Present)
- Association APS Brainstorm, Brescia

CERTIFICATES

Introduction to Child nutrition (2018)
Course On line patronized by Nestle Nutrition Institute - 44 hours

On line course SCOPE (Speacilist Certification of Obesity Professional Education) (2018)

Integral approach to childhood obesity (2018)
On line Course provided by "Instituto de Nutrición de Centro América y Panamá " (INCAP) - 100 hours

Professional training course in Pediatric Nutrition (2018)
Nutrimedifor , Milan - 26 hours

Specialized course "Treating excess weight in developmental age: therapeutic family education empowering" (2019)
provided by Dr. Rita Tanas, 2019 - 8 hours

Clinical Pediatric Nutrition (08/2019 – Present)
Online course provided by "Universidad Nacional Jose Faustino Sanchez Carrion"

LANGUAGES

Spanish
Native or Bilingual Proficiency

Italian
Native or Bilingual Proficiency

English
Professional Working Proficiency

French
Elementary Proficiency

INTERESTS

- Gym and bodybuilding
- Photography
- Teaching
- Animals
- Traveling and backpaging
- Cooking
- Volunteering